LAUNCESTON ROAD RUNNERS ERS **FEMALE CLUB RECORDS AGE 50 AND HIGHER 31/12/19**

FEMALE	5K	5M	10K	7M	10M	1/2M	20M	MARATHON
Vets 50/54	Jeanette Johnson 19.08 Tavy 5Kool 18	Jeanette Johnson 33.43 Falmouth 16	Jeanette Johnson 38.35 Gloucester 2019	Jeanette Johnson 48.15 Treggy 16	Jeanette Johnson 1.08.37 Bideford 18	Jeanette Johnson 1.26.52 Maidenhead 19	Jenny Mills 2.32.10 Gloucester 04	Jeanette Johnson 3.12.11 London 2017
Vets 55/59	Jaine Hynes 22.59 Tavy 5 2019	PhilippaBaker 39.3 Cubert 11	Jenny Mills 41.47 Bideford 08	Jenny Mills 50.28 Treggy 08	Jenny Mills 1.09.17 Bideford 08	Jenny Mills 1.34.05 Blackmore 08	Jenny Mills 2.29.09 Gloucester 06	Jenny Mills 3.27.19 Taunton 06
Vets 60/64	Janet Lathom 27.02 Tavy 5K 2019	Lavinia Marshall 45.34 Cubert 15	Jenny Mills 41.44 Langport 09	Jenny Mills 49.55 Treggy 10	Jenny Mills 1.09.44 Bideford 09	Jenny Mills 1.31.58 Sturminster 09		Jenny Mills 3.26.35 Holyhead 09
Vets 65/69	Lavinia Marshall 28.09 Tavy 5Kool 18	Jenny Mills 35.31 Broad Town 15	Jenny Mills 43.13 Yeovil 15	Jenny Mills 50.46 Tavy7 14	Jenny Mills 1.11.48 Oldbury 14	Jenny Mills 1.35.22 Wiltshire 16	Jenny Mills 3.03.00 Fission 16	Jenny Mills 3.57.18 Cornish 16
Vets 70/74								