



Launceston Road Runners



Affiliated to England Athletics and C.C.A.A.

www.launcestonroadrunners.co.uk

www.treggy7.co.uk

Email: comm@treggy7.co.uk

LRR Covid 19 Questionnaire.

Please fill this form in and return via email to comm@treggy7.co.uk prior to club running

Have you or any member of your household had any of these symptoms in the last 14 days?

A high temperature **Yes / No**

A new, continuous cough **Yes / No**

A loss or change to your sense of smell or taste **Yes / No**

If the answer is yes to any of the above, then club running is not permitted until you have self- isolated for the appropriate time.

Have you been in contact with anyone with Covid 19? Yes / No

If the answer is yes, then club running is not permitted until you have self- isolated for the appropriate time.

Have you returned from abroad in the last 14 days Yes / No

Have you been in contact with anyone who has returned from abroad in last 14 days Yes / No

If the answer is yes to any of the above, then club running is not permitted until you have self- isolated for the appropriate time.

The Launceston Road Runner risk assessment and the Covid 19 risk assessment is on the Launceston Road Runner website.

Consent declaration during Covid 19

The information I have given in this form is honest, accurate and correct to the best of my knowledge. I agree to adhering to the guidelines in the risk assessments and to the club providing my name and contact number to NHS Track and Trace should the situation arise. I will be responsible for myself when running with others and will notify the club if any of the above changes



Launceston Road Runners

Affiliated to England Athletics and C.C.A.A.

www.launcestonroadrunners.co.uk

www.treggy7.co.uk

Email: comm@treggy7.co.uk



Name:

Address:

Signature:

Date:

Contact Telephone number:

Emergency Name and contact number: