

Place	Bib	Name	AG	Club	ChipTime	GunTime
1	92	Paul Whear	Male 50-54	Cornwall AC	0:41:58	0:41:58
2	232	Simon Williams	Male 45-49	Newquay & Par AC	0:43:04	0:43:04
3	126	Chris Turner	Male Under 35	Okehampton RC	0:43:42	0:43:42
4	246	Edward Horn	Male Under 35	Tavistock AC	0:44:39	0:44:39
5	198	Mark Knight	Male 45-49	Newquay & Par AC	0:45:35	0:45:35
6	204	Ioan Cristian Huruban	Male 40-44		0:45:49	0:45:50
7	185	John Sole	Male 40-44	Cornwall AC	0:46:01	0:46:01
8	228	Clive Ramsden	Male 45-49		0:46:32	0:46:32
9	196	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:46:34	0:46:34
10	236	paul carter	Male 55-59	Okehampton RC	0:39:34	0:47:19
11	139	James Davies	Male 35-39	Truro Running Club	0:47:53	0:47:55
12	252	Arnas Kazlauskas	Male Under 35		0:48:00	0:48:02
13	93	Scott Abraham	Male 45-49	Hayle Runners	0:48:23	0:48:23
14	213	Charlie Mitchell	Male Under 35	Falmouth RRC	0:48:41	0:48:43
15	195	Andy Davis	Male 40-44	Bude Rats (Run and Tri)	0:48:53	0:48:54
16	153	Dan Kinver	Male Under 35		0:49:08	0:49:11
17	245	Robert Chirgwin	Male Under 35		0:49:13	0:49:14
18	158	Robert Potten	Male Under 35		0:50:09	0:50:12
19	271	Neil Helson	Male 50-54	St Austell Running Club	0:50:40	0:50:41
20	57	Jon Eldon	Male 60-64	Carn Runners	0:50:43	0:50:43
21	83	Andrew Haas	Male Under 35		0:50:48	0:50:51
22	140	Jon Kappes	Male 50-54		0:51:21	0:51:21
23	211	David Philp	Male 55-59	East Cornwall Harriers	0:43:54	0:51:39
24	275	Colin Bathe	Male 50-54	Truro Running Club	0:51:44	0:51:47
25	46	Stuart Richards	Male 45-49	St Austell Running Club	0:51:51	0:51:53
26	227	Andrew Ballantyne	Male 40-44		0:52:25	0:52:31
27	208	Jago Bayley	Male Under 35	Truro Running Club	0:52:50	0:52:52
28	205	David Baldaro	Male 50-54		0:52:55	0:52:56
29	243	Nicholas Harrison	Male 45-49	Launceston Road Runners	0:52:58	0:53:01
30	209	Mike Gilbert	Male Under 35	Launceston Road Runners	0:53:02	0:53:05
31	51	Peter Hammond	Male 50-54	Cornwall AC	0:53:32	0:53:33
32	146	Chris Johns	Male 50-54		0:53:37	0:53:39
33	53	Rebecca Tossell	Female 35-39	Hayle Runners	0:45:58	0:53:43
34	253	Gordon Adie	Male 60-64	Truro Running Club	0:53:45	0:53:55
35	120	Daniel Baugh	Male Under 35	Storm Plymouth	0:53:56	0:53:56
36	222	David Parish	Male Under 35		0:54:45	0:54:48
37	207	Peter Allen	Male 60-64	Newquay Road Runners	0:54:53	0:54:54
38	147	Stuart Queen	Male 45-49	Run Venture Running Club	0:54:53	0:54:57
39	233	Chris Ullman	Male 50-54		0:55:00	0:55:04
40	206	Jason Shipton	Male 50-54	Launceston Road Runners	0:55:05	0:55:09
41	173	David Simpson	Male 60-64		0:55:52	0:55:57
42	184	Benedicte Holtan Carter	Female 40-44	Launceston Road Runners	0:56:25	0:56:25
43	79	Michael Wood	Male 60-64		0:56:24	0:56:27
44	128	Daniel Howgill	Male Under 35		0:56:32	0:56:32
45	149	Keith Hoadley	Male 55-59	Torrington AAC	0:56:40	0:56:42
46	194	Amy Jose	Female Under 35	Hayle Runners	0:56:50	0:56:52
47	220	Marc Oldaker	Male 55-59		0:57:08	0:57:17
48	28	Corinne Gerrard	Female 50-54	Hayle Runners	0:49:50	0:57:34
49	175	Derrick Frantz	Male 50-54	Cornwall AC	0:57:44	0:57:47
50	190	Jackie Wastell	Female 60-64	London Heathside	0:58:03	0:58:04
51	191	Martin Potter	Male 50-54	London Heathside	0:50:19	0:58:05
52	152	Johnathan Frame	Male 45-49		0:58:29	0:58:32
53	49	John Sudell	Male 65-69	East Cornwall Harriers	0:58:26	0:58:36
54	218	Steven Calvert	Male 45-49		0:58:36	0:58:38
55	141	Ian McMahon	Male 60-64		0:58:38	0:58:44
56	216	Gary Collins	Male 45-49		0:58:38	0:58:45
57	130	Adam Howgill	Male Under 35		0:58:39	0:58:48
58	238	John Hiscock	Male Under 35		0:51:21	0:59:07
59	249	Andis Dzerve	Male Under 35		0:51:23	0:59:09
60	240	Emily Ellen	Female 40-44	Hayle Runners	0:59:06	0:59:10
61	89	chantal harp	Female 35-39		0:59:12	0:59:18
62	169	Mark Simpson	Male 35-39	Launceston Road Runners	0:59:16	0:59:20
63	162	john moorhouse	Male 60-64		0:59:29	0:59:37
64	221	Nicholas Oldaker	Male Under 35		1:00:04	1:00:04

65	223	Peter Jennings	Male 55-59		0:52:30	1:00:16
66	88	Heather Stacey	Female Under 35		1:00:30	1:00:37
67	82	Lauren Wood	Female Under 35		1:00:50	1:00:52
68	231	TESSA MASON	Female 60-64	East Cornwall Harriers	1:00:51	1:01:00
69	159	Stephen Hutchinson	Male 70-74	Bude Rats	1:01:00	1:01:05
70	248	Karen Hockin	Female 55-59		1:01:18	1:01:22
71	129	Helen Howgill	Female 50-54		1:01:24	1:01:35
72	56	Antony Penhaul	Male 70-74	Hayle Runners	1:01:41	1:01:46
73	97	Mike Charlwood	Male 45-49	Launceston Road Runners	1:01:43	1:01:51
74	244	Dino De Zorzi	Male 50-54	St Austell Running Club	1:01:48	1:01:53
75	86	Tiffany Howard	Female Under 35	Cornwall AC	1:01:50	1:01:56
76	203	NEILL PETHICK	Male 50-54		1:01:57	1:02:03
77	98	peter bazley	Male 65-69	Tavistock AC	1:02:49	1:02:52
78	210	Aleisha Viggers	Female Under 35	Launceston Road Runners	1:02:48	1:02:53
79	197	Andrew Simpson	Male 35-39		1:02:49	1:02:55
80	166	Alexander Cooper	Male 45-49		1:03:15	1:03:22
81	247	Adam Blacher	Male Under 35		1:04:17	1:04:27
82	180	Alison Weir	Female 50-54	Falmouth RRC	1:04:25	1:04:35
83	54	james rooney	Male 60-64		0:56:55	1:04:41
84	137	Wietske Hansen	Female 50-54	Carn Runners	1:04:58	1:05:01
85	136	Stewart Townend	Male 75-79	Hayle Runners	1:04:57	1:05:01
86	202	Nick Smith	Male 40-44		0:57:17	1:05:03
87	176	Louise Ollivier	Female 50-54	Hayle Runners	1:05:08	1:05:12
88	134	Pete Higham	Male 60-64	Falmouth RRC	1:05:07	1:05:16
89	192	Tracy McKay	Female 45-49		1:05:17	1:05:28
90	108	Laura Field	Female 35-39		1:05:26	1:05:37
91	237	PETER SARGENT	Male 75-79	South West Veterans AC	1:06:13	1:06:16
92	226	Janet Ritchie	Female 55-59	Carn Runners	1:06:12	1:06:17
93	154	Philip Spargo	Male 65-69	Truro Running Club	1:06:36	1:06:46
94	91	Bruce Draper	Male 50-54		1:07:03	1:07:06
95	217	Dominic Plumb	Male 45-49		0:59:21	1:07:06
96	193	John Barnes	Male 60-64	Launceston Road Runners	1:07:16	1:07:32
97	224	Louisa Mogford	Female 40-44		0:59:58	1:07:43
98	124	Ian Grimes	Male 65-69	Launceston Road Runners	1:07:40	1:07:49
99	199	Steph Price	Female Under 35	Launceston Road Runners	1:08:24	1:08:32
100	125	James Daughtrey	Male 35-39		1:08:27	1:08:36
101	241	Nina Bond	Female 35-39	Looe Pioneers Running Club	1:08:40	1:08:48
102	5	John Lillis	Male 75-79	Newquay Road Runners	1:09:35	1:09:39
103	104	Sally Johnston	Female 60-64	Tamar Trotters	1:09:51	1:09:58
104	156	Theresa Clark	Female 55-59	Hayle Runners	1:09:45	1:09:59
105	133	Ann Barriball	Female 45-49	Launceston Road Runners	1:09:57	1:10:01
106	2	Sally Bowden	Female 55-59	Newquay Road Runners	1:10:16	1:10:22
107	131	reece heywood	Male Under 35		1:10:41	1:10:43
108	135	Dean Moss	Male Under 35		1:10:42	1:10:43
109	150	Sean Furlonger	Male 55-59		1:10:38	1:10:47
110	161	Mike Howgill	Male 50-54		1:10:42	1:10:53
111	235	Stella Sims	Female 40-44		1:10:36	1:10:53
112	201	Dale Clarke	Male 50-54	Hayle Runners	1:11:09	1:11:23
113	181	nina Chell	Female 45-49	Falmouth RRC	1:11:21	1:11:34
114	148	Jane Richardson	Female 70-74	Okehampton RC	1:11:36	1:11:47
115	105	Richard Windemer	Male 70-74		1:11:56	1:12:08
116	234	Martin Sims	Male 70-74		1:11:53	1:12:09
117	122	Nicholas Saunders	Male 40-44		1:12:14	1:12:24
118	251	Natalie Jewell	Female 40-44	Falmouth RRC	1:12:28	1:12:40
119	167	Sandra Haynes	Female 50-54		1:12:54	1:13:03
120	250	Nicola Crilly	Female 45-49	Falmouth RRC	1:13:03	1:13:15
121	187	Andrew Sweeney	Male 35-39		1:13:25	1:13:27
122	101	Diana Nicholson	Female 60-64	Tamar Trotters	1:13:51	1:13:58
123	219	Roy Newton	Male 70-74	Falmouth RRC	1:14:04	1:14:17
124	215	Nikki Collins	Female 35-39		1:14:14	1:14:21
125	260	Kate Barriball	Female 35-39		1:14:14	1:14:26
126	50	David Lean	Male 60-64	East Cornwall Harriers	1:14:20	1:14:33
127	179	jon cryer	Male 65-69		1:14:35	1:14:40
128	103	Dan Maunder	Male 40-44		1:14:38	1:14:41
129	230	Jacquie Rapier	Female 60-64	Falmouth RRC	1:16:17	1:16:29

130	174 Ann Bradley	Female 55-59	St Austell Running Club	1:16:57	1:17:11
131	66 Paul Heywood	Male 55-59	Launceston Road Runners	1:09:43	1:17:29
132	132 Victoria Hall	Female 45-49		1:17:33	1:17:43
133	164 Matthew Biggins	Male 35-39		1:17:35	1:17:48
134	229 Julie Brown	Female 50-54		1:18:03	1:18:11
135	121 Matthew Burt	Male 45-49	Hatch Warren Runners	1:17:58	1:18:14
136	106 Lorraine Hawkins	Female 55-59	Launceston Road Runners	1:10:34	1:18:19
137	80 Steve Menear	Male 60-64	St Austell Running Club	1:18:08	1:18:22
138	68 Lesley Taphouse	Female 55-59	Bodmin Road Runners	1:18:21	1:18:29
139	70 Samantha Ewart	Female 45-49	St Austell Running Club	1:18:25	1:18:38
140	6 melanie nile	Female 45-49	St Austell Running Club	1:18:26	1:18:40
141	114 Jennifer oatway	Female 35-39	Plymouth Harriers	1:11:11	1:18:56
142	64 Charleigh Bradshaw	Female Under 35		1:18:53	1:19:04
143	63 Katie Downing	Female Under 35		1:18:53	1:19:05
144	77 gary pyke	Male 50-54		1:18:56	1:19:12
145	170 Peter Heywood	Male 75-79	Looe Pioneers Running Club	1:19:05	1:19:12
146	157 Sarah Johns	Female 40-44	Hayle Runners	1:19:07	1:19:22
147	144 Samantha Everett	Female 40-44		1:19:24	1:19:32
148	177 Theresa Williams	Female 60-64	St Austell Running Club	1:19:55	1:20:08
149	151 Christine Todd	Female 60-64	St Austell Running Club	1:19:59	1:20:12
150	32 Timothea Cardell	Female 80-84	Hayle Runners	1:12:37	1:20:23
151	182 gary albon	Male 55-59		1:20:58	1:21:03
152	183 adam esterby	Male Under 35		1:20:59	1:21:03
153	45 Kathy Saunders	Female 65-69	Looe Pioneers Running Club	1:22:24	1:22:31
154	160 Caroline Warner	Female 80-84		1:22:35	1:22:51
155	138 Tanya Gribble	Female 45-49		1:23:47	1:23:53
156	165 Amelia Edgson	Female Under 35	Launceston Road Runners	1:24:41	1:24:46
157	81 Jennie Massey	Female 60-64	Hayle Runners	1:25:26	1:25:41
158	214 Janet White	Female 70-74	Okehampton RC	1:28:27	1:28:39
159	85 Sarah Howard	Female 45-49	Cornwall AC	1:28:37	1:28:44
160	143 Joanne Vincent	Female 45-49		1:31:04	1:31:13
161	115 Lesley Pallett	Female 55-59	St Austell Running Club	1:31:23	1:31:37
162	113 Lisa Parr	Female 45-49	Plymouth Harriers	1:31:35	1:31:43
163	212 David Garrard	Male 70-74	Falmouth RRC	1:35:06	1:35:19
164	274 Phoebe Barnes	Female Under 35	Launceston Road Runners	1:37:53	1:38:08