

LAUNCESTON ROAD RUNNERS

MALE CLUB RECORDS

60 YEARS OF AGE AND HIGHER

31/12/2022

MALE

5K

5M

10K

7M

10M

1/2M

20M

MARATHON

Vet 60/64

Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Peter Kirby	Peter Kirby
31.53	39.32	46.02	1.06.22	1.25.14	2.34.56	3.27.34	
Cubert 07	Newquay 08	Treggy 07	Hoe 07	Malta 07	Christchurch 11	Amsterdam 09	

Vet 65/69

Martin Hynes	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Peter Mander	Martin Hynes
21.1	33.4	42.55	51.35	1.10.03	1.33.03	2.52.10	3.40.53	
Tavy 19	Cubert 13	Bideford 12	Mag 7 13	Bideford 10	Barcelona 15	Gloucester 03	Exeter 2021	

Vet 70/74

Ian Grimes	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Brian Wiles	Peter Mander	Peter Mander
26.5	34.51	43.57	54.31	1.13.37	1.38.09	2.58.56	4.19.03	
Tavy 5K 2022	Cubert 2017	Newquay 2016	Mag7 18	Stormforce 2017	Edinburgh 2017	Gloucester 08	London 08	

Vet 75/79

Peter Mander	Brian Wiles	Brian Wiles	Peter Mander	Brian Wiles	Peter Mander
27.09	42.05	51.01	1.09.32	1.25.47	1.59.24
Siblyback 13	Sticker 2022	Newquay 2022	Mag 7 14	Stormforce 2022	Lydd 13