

LAUNCESTON ROAD RUNNERS

FEMALE CLUB RECORDS AGE 50 AND HIGHER

FEMALE	5K	5M	10K	7M	10M	1/2M	20M	MARATHON
Vets 50/54	Jeanette Johnson	Jeanette Johnson	Jeanette Johnson	Jeanette Johnson	Jeanette Johnson	Jeanette Johnson	Jenny Mills	Jeanette Johnson
	19.08	33.43	38.35	48.15	1.08.37	1.26.52	2.32.10	3.12.11
	Tavy 5Kool 18	Falmouth 16	Gloucester 2019	Treggy 16	Bideford 18	Maidenhead 19	Gloucester 04	London 2017
Vets 55/59	Jaine Hynes	PhilippaBaker	Jeanette Johnson	Jenny Mills	Jenny Mills	Jeanette Johnson	Jenny Mills	Jeanette Johnson
	22.59	39.3	38.57	50.28	1.09.17	1.27.36	2.29.09	3.07.55
	Tavy 5 2019	Cubert 11	Telford 10K 2021	Treggy 08	Bideford 08	Cardiff 2022	Gloucester 06	London 2023
Vets 60/64	Janet Lathom	Lavinia Marshall	Jenny Mills	Jenny Mills	Jenny Mills	Jenny Mills		Jenny Mills
	27.02	45.34	41.44	49.55	1.09.44	1.31.58		3.26.35
	Tavy 5K 2019	Cubert 15	Langport 09	Treggy 10	Bideford 09	Sturminster 09		Holyhead 09
Vets 65/69	Lavinia Marshall	Jenny Mills	Jenny Mills	Jenny Mills	Jenny Mills	Jenny Mills	Jenny Mills	Jenny Mills
	28.09	35.31	43.13	50.46	1.11.48	1.35.22	3.03.00	3.57.18
	Tavy 5Kool 18	Broad Town 15	Yeovil 15	Tavy7 14	Oldbury 14	Wiltshire 16	Fission 16	Cornish 16
Vets 70/74	Lavinia Marshall	Lavinia Marshall				Jenny Mills	Jenny Mills	
	30.34	57.54				1.49.54	3.01.23	
	Tavy 5k 2022	Sticker 2023				Indian Queens 2022	Duchy 20 - 2020	