

Treggy 7 - 2023

Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
Treggy 7						
Female						
1	155	Anna Harrold	Female 40-44	Truro Running Club	0:43:02	0:43:03
2	396	Katie Walker	Female Under 35	Cornwall AC	0:44:25	0:44:28
3	24	Tamara Beach	Female Under 35	Cornwall AC	0:45:04	0:45:06
4	394	Charlotte Walker	Female Under 35	Tavistock AC	0:47:44	0:47:47
5	134	Rosie Gibbons	Female 45-49	Cornwall AC	0:48:27	0:48:31
6	360	Charlotte Tansley	Female Under 35	Cornwall AC	0:48:38	0:48:43
7	353	Emma Stepto	Female 50-54	Cornwall AC	0:50:30	0:50:33
8	406	Chloe Weeks	Female Under 35	Teignbridge Trotters	0:51:30	0:51:37
9	136	Ayesha Gillespie	Female Under 35	Tamar Trotters	0:52:40	0:52:46
10	293	Donna Raggett	Female 50-54	Cornwall AC	0:52:54	0:53:00
11	224	Melodie Manners	Female 35-39	Hayle Runners	0:53:30	0:53:36
12	186	Charlene Howard	Female 35-39		0:53:45	0:53:48
13	359	Lee Strickland	Female 45-49	Hayle Runners	0:54:08	0:54:13
14	83	Revis Crowle	Female 60-64	East Cornwall Harriers	0:54:31	0:54:42
15	164	Eve Hearle	Female 40-44	Newquay Road Runners	0:54:45	0:54:51
16	254	Melissa Nicholas	Female Under 35	Hayle Runners	0:55:12	0:55:18
17	236	Kirsty Medlock	Female 40-44	Hayle Runners	0:55:16	0:55:21
18	241	Helen Mitchell	Female 55-59	Truro Running Club	0:55:18	0:55:25
19	338	Sally Sleep	Female 40-44		0:55:25	0:55:39
20	133	Corinne Gerrard	Female 50-54	Hayle Runners	0:55:39	0:55:46
21	398	Carole Walters	Female 60-64	Tavistock AC	0:56:13	0:56:21
22	285	Beth Popperwell	Female 50-54	Mile High	0:56:55	0:57:00
23	48	Jenny Bryant	Female 55-59	Tavistock AC	0:57:09	0:57:19
24	279	Helen Perry-Smith	Female Under 35	Plymouth Coasters	0:57:31	0:57:39
25	363	Lesley Taylor	Female 55-59	Ashford & District RRC	0:57:27	0:57:41
26	375	Liz Trebilcock	Female 55-59	Truro Running Club	0:57:54	0:58:00
27	201	Debbie Jones	Female 55-59	Looe Pioneers Running Club	0:58:47	0:58:52
28	403	Mandy Watts	Female 50-54	Newquay Road Runners	0:59:00	0:59:28
29	122	Jennifer Forbes	Female 35-39	Hayle Runners	1:00:22	1:00:30
30	69	Roxane Cody	Female Under 35	Hayle Runners	1:00:32	1:00:38
31	124	Katie Fowler	Female 35-39		1:00:44	1:00:50
32	340	Hannah Smith	Female Under 35	Hayle Runners	1:01:17	1:01:26
33	239	Jenny Mills	Female 70-74	Launceston Road Runners	1:01:22	1:01:27
34	55	Molly Bytheway	Female Under 35	Tavistock AC	1:01:05	1:01:33
35	235	Sarah McDonough	Female 35-39	East Cornwall Harriers	1:01:18	1:01:34
36	37	Abby Bounsall	Female Under 35		1:01:54	1:01:58
37	39	Karina Bowers	Female 40-44	St Austell Running Club	1:01:56	1:02:02
38	283	Megan Pitts	Female Under 35	Truro Running Club	1:02:11	1:02:22
39	117	Laura Field	Female 35-39		1:03:00	1:03:06
40	277	Sue Pendleton	Female 40-44	Callington Running Group	1:02:54	1:03:17
41	150	Emma Hancock	Female Under 35		1:02:59	1:03:28
42	125	Rebecca Frame	Female 50-54		1:03:16	1:03:46
43	47	Ceri Bryant	Female Under 35		1:03:42	1:03:52
44	120	Michelle Fitt	Female 40-44	Hayle Runners	1:03:45	1:03:53
45	365	Alison Thomas	Female 50-54	Hayle Runners	1:03:48	1:04:02

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
46	112	Eleanor Ellison	Female 65-69	Newquay Road Runners	1:04:16	1:04:21
47	288	Rachel Price	Female 35-39		1:04:19	1:04:31
48	116	Wendy Fettner	Female 60-64		1:04:55	1:05:03
49	291	Joanna Quirk	Female 45-49		1:04:58	1:05:06
50	303	Janet Ritchie	Female 60-64	Carn Runners	1:05:23	1:05:29
51	140	Charlie Gray	Female 45-49	Newquay Road Runners	1:05:46	1:05:56
52	38	Annie Bover	Female 40-44	Bude Rats (Run and Tri)	1:05:42	1:06:03
53	228	Debbie Marshall	Female 45-49	St Austell Running Club	1:06:11	1:06:21
54	323	Emmeline Scott	Female Under 35		1:06:32	1:06:58
55	45	Suzanne Brentnall-Warren	Female 45-49		1:06:41	1:07:01
56	417	Emily Williams	Female Under 35		1:06:59	1:07:08
57	91	Gemma Davidson	Female 40-44		1:06:47	1:07:18
58	50	Hannah Bulmer	Female 40-44		1:07:17	1:07:26
59	321	Dawn Scallan	Female 50-54	Carn Runners	1:07:15	1:07:30
60	80	Gemma Crawford	Female 35-39		1:07:38	1:07:51
61	404	Lisa Webb	Female 45-49	East Cornwall Harriers	1:07:22	1:07:54
62	8	Gill Aze-Thomas	Female 50-54	Launceston Road Runners	1:08:01	1:08:13
63	109	Nicola Edwards	Female 45-49	Newquay Road Runners	1:08:12	1:08:25
64	46	Angela Brinicombe	Female 65-69	Launceston Road Runners	1:08:24	1:08:36
65	51	Alice Burbidge	Female 40-44		1:08:23	1:08:46
66	97	Emma Dooney	Female 45-49		1:08:23	1:08:46
67	376	Avril Trehane	Female Under 35		1:08:18	1:08:53
68	82	Caroline Cross	Female Under 35	Cornwall AC	1:08:45	1:08:58
69	366	Hannah Thomas	Female 45-49	Truro Running Club	1:09:04	1:09:11
70	419	Jo Williams	Female 35-39		1:09:11	1:09:30
71	380	Marisa Turner	Female 55-59	Launceston Road Runners	1:09:23	1:09:42
72	373	Linda Tout	Female 70-74	Tamar Trotters	1:09:36	1:09:58
73	269	Caroline Pack	Female 60-64	Falmouth Running Club	1:09:35	1:10:02
74	174	Jade Hill	Female Under 35		1:09:35	1:10:07
75	70	Lynn Coffman	Female 50-54	Tamar Trotters	1:09:53	1:10:20
76	275	Ellie Peck	Female Under 35	Tamar Trotters	1:09:53	1:10:20
77	214	Sarah Lambert	Female Under 35		1:10:28	1:10:58
78	87	Jean Cutlan	Female 55-59	St Austell Athletes Running Club	1:10:49	1:10:58
79	251	Abby Munday	Female Under 35	Launceston Road Runners	1:10:41	1:11:00
80	329	Sarah Sharland	Female 35-39	RunFitRunFast	1:10:37	1:11:00
81	199	Sally Johnston	Female 60-64	Tamar Trotters	1:11:00	1:11:28
82	356	Claire Stone	Female 35-39	Hayle Runners	1:11:18	1:11:34
83	274	Mia Pearson-Brown	Female Under 35		1:11:31	1:11:36
84	63	Jackie Chapman	Female 60-64	Launceston Road Runners	1:11:42	1:11:52
85	351	Sarah Steed	Female 50-54	East Cornwall Harriers	1:11:24	1:11:57
86	335	Karen Sims	Female 55-59	East Cornwall Harriers	1:12:16	1:12:50
87	101	Emma Dunne	Female 45-49	Plymouth Musketeers Running Club	1:12:26	1:12:52
88	416	Judith Wilkinson	Female 65-69	Tamar Trotters	1:12:25	1:12:53
89	27	Kirsty Benford	Female 45-49		1:12:53	1:13:23
90	79	Lena Cowling	Female 35-39		1:13:07	1:13:42
91	198	Natalie Jewell	Female 40-44	Falmouth Running Club	1:13:18	1:13:44
92	60	Leanne Case	Female 40-44	Plymouth Musketeers Running Club	1:13:20	1:13:46
93	145	Kate Hall	Female 40-44		1:13:31	1:13:58

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
94	413	Jo White	Female 45-49	Lonely Goat RC	1:14:21	1:14:40
95	400	Karen Warner	Female 55-59	Newquay Road Runners	1:14:36	1:14:49
96	40	Trina Bradbury	Female 45-49	Launceston Road Runners	1:14:34	1:14:53
97	222	Sarah Luff	Female 40-44	JP Fitness Cornwall	1:14:41	1:15:02
98	119	Donna Fisher	Female 40-44	Newquay Road Runners	1:15:06	1:15:19
99	183	Kerry Hoskin	Female 40-44	Truro Running Club	1:15:05	1:15:21
100	304	Andrea Roberts	Female 45-49		1:15:01	1:15:28
101	190	Geraldine Hyslop	Female 65-69	Falmouth Running Club	1:15:06	1:15:32
102	36	Sarah Booker	Female 50-54	Falmouth Running Club	1:15:12	1:15:36
103	166	Claire Herbert	Female 50-54	Plymouth Musketeers Running Club	1:15:24	1:15:50
104	173	Elaine Hill	Female 50-54	Launceston Road Runners	1:15:38	1:15:57
105	379	Chloe Turner	Female Under 35	East Cornwall Harriers	1:15:27	1:15:58
106	194	Sandy Jamieson	Female 70-74	Carn Runners	1:15:53	1:16:19
107	41	Ann Bradley	Female 60-64	St Austell Running Club	1:16:07	1:16:20
108	418	Genna Williams	Female Under 35	Launceston Road Runners	1:16:05	1:16:24
109	81	Nicola Crilly	Female 45-49	Falmouth Running Club	1:16:05	1:16:30
110	159	Lizzy Hawke	Female Under 35		1:16:00	1:16:31
111	204	Jennifer Kempthorne	Female Under 35	Bodmin Women's Running Club	1:16:00	1:16:31
112	213	Teresa Lakeman	Female 55-59	Tamar Trotters	1:16:04	1:16:32
113	219	Jennifer Lawson	Female 55-59	Newquay Road Runners	1:16:05	1:16:33
114	20	Aileen Barwell	Female 65-69	Falmouth Running Club	1:16:15	1:16:42
115	137	Mary Goodacre	Female 70-74	Tamar Trotters	1:16:23	1:16:45
116	265	Gillian Onley	Female 55-59	Cornwall AC	1:16:41	1:16:53
117	220	Wendy Lowe	Female 65-69	Bodmin Women's Running Club	1:16:40	1:16:56
118	146	Victoria Hall	Female 45-49	Bodmin Road Runners	1:16:53	1:17:23
119	371	Brenda Thorne	Female 65-69	Instinctive Sports Plymouth	1:16:54	1:17:25
120	226	Courtney Marks	Female Under 35	St Austell Running Club	1:17:25	1:17:32
121	422	Theresa Williams	Female 65-69	St Austell Running Club	1:17:24	1:17:39
122	357	Jackie Stone	Female 60-64	Hayle Runners	1:17:51	1:18:15
123	362	Lee-Ann Taylor	Female 45-49		1:18:16	1:18:28
124	308	Natalie Rogers	Female 45-49		1:18:16	1:18:28
125	249	Mary Mullarkey	Female 70-74	East Cornwall Harriers	1:17:57	1:18:30
126	296	Jacquie Rapier	Female 60-64	Falmouth Running Club	1:18:09	1:18:32
127	153	Michaela Harrison	Female 45-49	Plymouth Harriers	1:18:18	1:18:34
128	289	Nikki Pritchard	Female 40-44	East Cornwall Harriers	1:18:16	1:18:49
129	399	Andrea Warne	Female 55-59	Callington Running Group	1:18:45	1:19:16
130	193	Judy Jameson	Female 60-64	Carn Runners	1:19:10	1:19:35
131	284	Sophie Pooley	Female Under 35		1:19:14	1:19:49
132	319	Vikki Savage	Female 50-54	Launceston Road Runners	1:19:58	1:20:17
133	161	Lorraine Hawkins	Female 55-59	Launceston Road Runners	1:20:09	1:20:27
134	95	Leah Dickinson	Female 35-39		1:20:23	1:20:48
135	123	Jane Forder	Female 50-54	Tamar Trotters	1:20:22	1:20:50
136	205	Margaret Ann Kinahan	Female 70-74	East Cornwall Harriers	1:20:35	1:20:52
137	13	Claire Barlow	Female 45-49	Bodmin Road Runners	1:21:08	1:21:38
138	177	Deborah Hocking	Female 55-59	Carn Runners	1:21:26	1:21:50
139	389	Greta Viertel	Female 35-39	St Austell Athletes Running Club	1:21:45	1:22:02
140	206	Elaine Knight	Female 55-59	Callington Running Group	1:22:26	1:22:57
141	424	Janet Wills	Female 70-74	St Austell Running Club	1:22:50	1:23:04

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
142	157	Lizzie Hasell	Female 40-44	Truro Running Club	1:23:01	1:23:16
143	423	Sharon Willis	Female 60-64	Newquay Road Runners	1:22:53	1:23:19
144	178	Lorna Hogg	Female 50-54	St Austell Running Club	1:23:09	1:23:23
145	429	Gemma Wotherspoon	Female 35-39	Bodmin Women's Running Club	1:23:08	1:23:40
146	361	Lesley Taphouse	Female 60-64	Bodmin Road Runners	1:23:17	1:23:48
147	216	Sarah Law	Female 45-49	Falmouth Running Club	1:24:04	1:24:24
148	141	Emma Grigg	Female 45-49	Camelford up and running	1:24:47	1:25:18
149	34	Julie Bolitho	Female 55-59	Hayle Runners	1:25:41	1:26:05
150	148	Bea Hamilton	Female 55-59		1:25:57	1:26:24
151	16	Phoebe Barnes	Female Under 35	Launceston Road Runners	1:25:58	1:26:31
152	96	Samantha Dixon	Female 45-49	Hayle Runners	1:26:10	1:26:33
153	62	Helen Cattran	Female 55-59	Hayle Runners	1:26:11	1:26:34
154	317	Kathy Saunders	Female 65-69	Looe Pioneers Running Club	1:28:44	1:28:56
155	392	Margaret Wade	Female 70-74	Carn Runners	1:28:52	1:29:18
156	152	Rachel Hardy	Female 40-44		1:29:56	1:30:28
157	211	Christina Lake	Female 65-69	Falmouth Running Club	1:31:24	1:31:48
158	114	Samantha Ewart	Female 45-49	St Austell Running Club	1:33:31	1:33:48
159	99	Michelle Dunn	Female 35-39	St Austell Running Club	1:34:22	1:34:38

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
Male						
1	311	Joshua Rowe	Male Under 35	Cornwall AC	0:37:22	0:37:23
2	71	Jim Cole	Male 40-44	Tavistock Run Project	0:38:20	0:38:21
3	255	Liam Nicholls	Male Under 35	Cornwall AC	0:38:51	0:38:52
4	298	Steve Reynolds	Male 35-39	Truro Running Club	0:39:30	0:39:32
5	135	Kenny Gibson	Male Under 35	Cornwall AC	0:39:47	0:39:48
6	312	Liam Rowe	Male Under 35	Cornwall AC	0:39:54	0:39:55
7	215	Sam Larkham	Male 40-44	Tavistock AC	0:40:13	0:40:13
8	131	Jacob Gardner	Male Under 35	Hayle Runners	0:40:15	0:40:16
9	86	James Cutlan	Male 35-39	Cornwall AC	0:40:31	0:40:32
10	310	Darren Roose	Male 40-44	Newquay Road Runners	0:41:06	0:41:07
11	242	Jordan Morant	Male Under 35	Hayle Runners	0:41:20	0:41:21
12	163	Llewin Head	Male Under 35	Mile High	0:41:39	0:41:40
13	349	David Starley	Male Under 35	Launceston Road Runners	0:41:59	0:42:00
14	107	Jamie Edwards	Male Under 35	Newquay Road Runners	0:42:10	0:42:11
15	245	Simon Morse	Male 35-39	East Cornwall Harriers	0:42:19	0:42:20
16	162	Neil Hayhurst	Male 40-44	Hayle Runners	0:42:47	0:42:48
17	358	Daniel Strickland	Male 40-44	Hayle Runners	0:42:48	0:42:50
18	15	Peter Barnes	Male 40-44	Hayle Runners	0:42:54	0:42:56
19	139	Adam Gore	Male 35-39	Hayle Runners	0:42:59	0:43:00
20	354	Dylan Stevens	Male Under 35	Newquay & Par AC	0:43:11	0:43:12
21	345	Paul Sole	Male 40-44	Cornwall AC	0:43:32	0:43:34
22	240	Charlie Milward	Male Under 35	Erme Valley Harriers	0:44:15	0:44:16
23	364	Alan Thomas	Male 35-39	Falmouth Running Club	0:44:29	0:44:33
24	180	Edward Horn	Male 35-39	Tavistock AC	0:44:35	0:44:37
25	343	Colin Snook	Male 45-49	Cornwall AC	0:44:40	0:44:42
26	129	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:44:47	0:44:49
27	307	Mark Roby	Male 45-49	Truro Running Club	0:45:12	0:45:14
28	207	Mark Knight	Male 50-54	Newquay & Par AC	0:45:30	0:45:32
29	167	Lee Herbert	Male 45-49	Plymouth Musketeers Running Club	0:45:53	0:45:55
30	227	Ryan Marks	Male Under 35	St Austell Running Club	0:45:57	0:45:59
31	257	Andrew Noble	Male 55-59	Ashford & District RRC	0:45:57	0:46:01
32	11	Adrian Ball	Male 55-59	Cornwall AC	0:46:00	0:46:04
33	28	Edmund Bennett	Male 40-44	Hayle Runners	0:46:13	0:46:15
34	428	Anthony Worthington	Male 55-59	Tamar Trotters	0:46:14	0:46:17
35	260	Liam O'Neill	Male 35-39	Hayle Runners	0:46:17	0:46:19
36	151	Ben Harding	Male 40-44	East Cornwall Harriers	0:46:40	0:46:44
37	368	Philip Thomas	Male 45-49	Wadebridge Running Club	0:46:52	0:46:56
38	401	Robert Warner	Male Under 35	Tamar Trotters	0:47:00	0:47:06
39	1	Scott Abraham	Male 50-54	Hayle Runners	0:47:12	0:47:15
40	208	Simon Knowles	Male 45-49	Hayle Runners	0:47:16	0:47:20
41	421	Mark Williams	Male 55-59	Hayle Runners	0:47:30	0:47:32
42	217	Steve Law	Male 50-54	Falmouth Running Club	0:47:45	0:47:49
43	344	John Sole	Male 40-44	Cornwall AC	0:47:50	0:47:54
44	111	Mike Ellis	Male 45-49	Newquay & Par AC	0:48:04	0:48:08
45	231	Richard Martin	Male 40-44	St Austell Running Club	0:48:09	0:48:13
46	128	Jack Gale	Male Under 35		0:48:10	0:48:13
47	287	Darrin Porter	Male 55-59	Cornwall AC	0:48:17	0:48:21

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
48	110	Jon Eldon	Male 60-64	Hayle Runners	0:48:22	0:48:24
49	388	Andrew Vernon	Male 55-59	Okehampton RC	0:48:23	0:48:28
50	143	David Guffick	Male 40-44	Hayle Runners	0:48:34	0:48:37
51	370	Joseph Thomson	Male 35-39	Launceston Road Runners	0:48:33	0:48:41
52	391	Jason Vinnicombe	Male 45-49		0:48:39	0:48:44
53	144	Craig Hall	Male 45-49	Carn Runners	0:48:46	0:48:50
54	59	Daniel Case	Male 35-39	Plymouth Musketeers Running Club	0:48:52	0:48:55
55	267	Kyle Orgacki	Male 35-39	Tamar Trotters	0:48:51	0:48:57
56	52	Lee Burford	Male 40-44	Hayle Runners	0:48:58	0:49:01
57	393	Callum Waldie	Male Under 35	Truro Running Club	0:49:12	0:49:14
58	10	Steve Baker	Male 65-69	Tamar Trotters	0:49:24	0:49:30
59	127	David Friskin	Male Under 35	Plymouth Musketeers Running Club	0:49:49	0:49:53
60	98	Mike Dowrick	Male 50-54	Cornwall AC	0:49:55	0:49:58
61	225	James Manning	Male 40-44	Hayle Runners	0:49:58	0:50:00
62	407	Steve Weeks	Male 45-49	Teignbridge Trotters	0:50:12	0:50:18
63	261	Marc Oldaker	Male 55-59		0:50:35	0:50:39
64	168	Allan Herdman	Male 70-74	Tavistock AC	0:51:03	0:51:09
65	30	Matthew Berry	Male 45-49	Truro Running Club	0:51:14	0:51:16
66	286	Adam Porter	Male Under 35		0:51:28	0:51:33
67	252	Barry Neal	Male 40-44	Erme Valley Harriers	0:51:40	0:51:43
68	369	David Thomson	Male 60-64		0:51:57	0:52:05
69	58	Shaun Carthew	Male 45-49		0:52:17	0:52:21
70	179	Rory Honeychurch	Male Under 35		0:52:28	0:52:31
71	331	Kevin Silver	Male 55-59	Hayle Runners	0:52:49	0:52:56
72	57	Bruce Carey	Male Under 35	Newquay Road Runners	0:53:01	0:53:08
73	106	Elliott Edwards	Male Under 35	Plymouth Musketeers Running Club	0:53:09	0:53:11
74	276	Mark Peck	Male 35-39		0:53:19	0:53:25
75	56	Barrie Cardew	Male 65-69	Carn Runners	0:53:28	0:53:32
76	367	Mark Thomas	Male 45-49	Truro Running Club	0:53:41	0:53:43
77	202	Jonathan Kappes	Male 50-54		0:53:43	0:53:47
78	299	Stuart Richards	Male 45-49	St Austell Running Club	0:53:51	0:53:55
79	187	Frazer Humbles	Male 40-44	Hayle Runners	0:54:05	0:54:15
80	100	Damian Dunne	Male 45-49	Plymouth Musketeers Running Club	0:54:20	0:54:23
81	268	Danny O'Shea	Male 45-49	Truro Running Club	0:54:32	0:54:39
82	29	Mark Bennetts	Male 40-44	St Austell Athletes Running Club	0:54:40	0:54:46
83	248	Leo Muid	Male 40-44	Falmouth Running Club	0:55:03	0:55:10
84	306	Malcolm Roberts	Male 70-74	St Austell Running Club	0:55:09	0:55:15
85	315	John Sanders	Male 40-44		0:55:05	0:55:19
86	324	Paul Seagger	Male 40-44	Hayle Runners	0:55:22	0:55:31
87	337	James Skeplorn	Male 40-44	Truro Running Club	0:55:27	0:55:32
88	385	Craig Varcoe	Male Under 35	St Austell Running Club	0:55:22	0:55:32
89	427	Mark Worden	Male 35-39		0:55:40	0:55:47
90	78	Michael Counter	Male 55-59	St Austell Running Club	0:55:49	0:56:00
91	320	Ian Savigar	Male 60-64	East Cornwall Harriers	0:55:47	0:56:03
92	273	Ryan Pearce	Male Under 35		0:56:03	0:56:11
93	76	Michael Cork	Male 65-69	Plymouth Coasters	0:56:19	0:56:25
94	262	Nick Oldaker	Male Under 35		0:56:24	0:56:28
95	195	Benjamin Jarram	Male 35-39	Launceston Road Runners	0:56:22	0:56:30

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
96	352	James Stephens	Male 35-39	St Austell Running Club	0:56:24	0:56:35
97	149	Oliver Hamley	Male Under 35		0:56:27	0:56:37
98	169	Christopher Heywood	Male 55-59		0:56:36	0:56:41
99	31	Adam Bewes	Male 35-39		0:56:23	0:56:52
100	339	Mark Sluggett	Male 55-59	Launceston Road Runners	0:56:45	0:57:03
101	313	Wayne Rundle	Male 50-54	Launceston Road Runners	0:56:53	0:57:12
102	234	Ryan Matthews	Male Under 35		0:57:15	0:57:18
103	176	Keith Hoadley	Male 55-59	Torrington AAC	0:57:18	0:57:23
104	238	John Mercer	Male 40-44		0:57:52	0:57:57
105	4	Paul Angove	Male 55-59	Cornwall AC	0:57:55	0:58:01
106	383	Craig Underhill	Male 50-54	Hayle Runners	0:57:57	0:58:05
107	426	Matthew Wilson	Male 45-49	Cornwall AC	0:58:04	0:58:15
108	3	Peter Allen	Male 65-69	Newquay Road Runners	0:58:28	0:58:35
109	332	Andrew Simpson	Male 40-44	Launceston Road Runners	0:58:23	0:58:37
110	182	Pavol Hornak	Male 35-39		0:58:26	0:58:50
111	23	Peter Bazley	Male 65-69	Tavistock AC	0:58:42	0:58:51
112	66	Craig Charnock	Male Under 35		0:58:38	0:58:55
113	103	Andis Dzērve	Male Under 35		0:58:49	0:59:00
114	300	Thomas Rickard	Male Under 35		0:58:48	0:59:16
115	230	Paul Martin	Male 40-44		0:59:18	0:59:31
116	341	Stuart Smith	Male 35-39	Hayle Runners	0:59:35	0:59:50
117	333	Mark Simpson	Male 35-39	Launceston Road Runners	1:00:07	1:00:20
118	246	Chris Morton	Male 35-39		1:00:01	1:00:21
119	65	Mike Charwood	Male 45-49	Launceston Road Runners	1:00:24	1:00:42
120	90	James Dart	Male 35-39		1:00:55	1:01:07
121	104	Richard Eales	Male 40-44		1:00:46	1:01:16
122	346	Jack Southcott	Male 35-39		1:00:46	1:01:16
123	196	Fred Jenkins	Male 60-64	Instinctive Sport Fun Runners	1:01:04	1:01:19
124	278	Chunky Penhaul	Male 75-79	Hayle Runners	1:01:23	1:01:33
125	197	Pete Jennings	Male 55-59		1:01:22	1:01:34
126	271	Dominic Parnell	Male 40-44	Tamar Trotters	1:01:15	1:01:35
127	105	Alan Edwards	Male 50-54	Newquay Road Runners	1:01:23	1:01:37
128	415	Brian Wiles	Male 75-79	Launceston Road Runners	1:01:33	1:01:44
129	21	Satnam Basram	Male 60-64	Cornwall AC	1:01:35	1:01:47
130	297	Matthew Regan	Male 35-39		1:02:00	1:02:03
131	348	Christopher Spencer	Male 60-64		1:02:02	1:02:16
132	334	Andrew Sims	Male 55-59	East Cornwall Harriers	1:01:44	1:02:18
133	89	James Danks	Male 40-44	Falmouth Running Club	1:02:10	1:02:23
134	266	Michael Orchard	Male 65-69	Hayle Runners	1:02:23	1:02:35
135	33	Darren Blenkinsop	Male 50-54	Tamar Trotters	1:02:24	1:02:45
136	290	Jeremy Quirk	Male 45-49		1:02:43	1:02:51
137	7	Simon Ayres	Male 45-49		1:02:49	1:03:02
138	184	Andrew Hosking	Male 50-54	Launceston Road Runners	1:02:49	1:03:08
139	309	James Rooney	Male 60-64	Bude Rats (Run and Tri)	1:02:49	1:03:10
140	88	Stuart Daniels	Male 55-59	OCRC	1:03:06	1:03:15
141	330	Jason Shipton	Male 50-54	Launceston Road Runners	1:03:26	1:03:34
142	192	Simon James	Male 50-54	Cornwall AC	1:03:27	1:03:38
143	181	Andrej Hornak	Male Under 35		1:03:21	1:03:45

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
144	171	Pete Higham	Male 60-64	Falmouth Running Club	1:03:40	1:03:48
145	292	Peter Rabson	Male 40-44	Camelford up and running	1:03:28	1:03:54
146	316	Peter Sargent	Male 75-79	South West Vets A.C.	1:04:00	1:04:09
147	73	Richard Collett	Male 40-44	Hayle Runners	1:04:19	1:04:35
148	381	Steve Turner	Male 60-64		1:04:19	1:04:39
149	229	Colin Martin	Male 70-74	Newquay Road Runners	1:04:29	1:04:39
150	243	Martin Morgan	Male 65-69	Bodmin Road Runners	1:04:30	1:04:40
151	175	Nick Hill	Male 40-44		1:04:53	1:05:14
152	102	Ben Dutton	Male Under 35	St Austell Athletes Running Club	1:05:17	1:05:34
153	264	Barry Olver	Male 65-69	Tamar Trotters	1:05:33	1:05:55
154	22	Mike Bawden	Male 60-64	Carn Runners	1:05:41	1:05:56
155	156	Mark Harvie	Male 55-59		1:05:30	1:05:57
156	49	Paul Bufton	Male 65-69	Truro Running Club	1:05:56	1:06:06
157	282	Matt Pickard	Male Under 35		1:05:38	1:06:07
158	189	Stephen Hutchinson	Male 70-74	Bude Rats (Run and Tri)	1:06:13	1:06:33
159	203	Fearon Kelly	Male 50-54		1:06:11	1:06:40
160	130	Charlie Gardner	Male Under 35		1:06:23	1:06:43
161	74	Alexander Cooper	Male 45-49		1:07:11	1:07:21
162	64	Stuart Chappell	Male 35-39	Perran Trail Runners	1:07:13	1:07:22
163	270	Ben Palmer	Male 35-39		1:07:01	1:07:23
164	42	John Brady	Male 60-64	East Cornwall Harriers	1:07:08	1:07:42
165	397	Steven Walkey	Male 70-74	Falmouth Running Club	1:07:28	1:07:53
166	108	Martin Edwards	Male 45-49		1:08:00	1:08:04
167	25	Samuel Behennah	Male Under 35		1:07:54	1:08:22
168	232	Daniel Matthams	Male Under 35		1:08:07	1:08:35
169	233	David Matthams	Male 60-64	Instinctive Sport Fun Runners	1:08:08	1:08:36
170	142	Ian Grimes	Male 70-74	Launceston Road Runners	1:08:26	1:08:42
171	5	Graham Ashton	Male Under 35		1:08:58	1:09:06
172	326	Roger Serres	Male 45-49	Launceston Road Runners	1:08:47	1:09:07
173	347	Philip Spargo	Male 65-69	Truro Running Club	1:09:18	1:09:29
174	26	Dean Bellamy	Male 50-54		1:09:16	1:09:49
175	318	Nicholas Saunders	Male 40-44		1:09:28	1:09:50
176	237	Michael Mehta	Male 60-64		1:09:33	1:09:52
177	75	Des Evans	Male 75-79	Newquay Road Runners	1:09:54	1:09:59
178	19	Simon Barrett	Male 60-64	Instinctive Sports Plymouth	1:09:33	1:10:01
179	322	Mark Scallan	Male 55-59	Carn Runners	1:10:27	1:10:42
180	378	James Tucker	Male Under 35		1:10:42	1:11:00
181	302	Ian Ringer	Male 75-79	Bodmin Road Runners	1:11:05	1:11:21
182	209	Nigel Knuckey	Male 65-69	Truro Running Club	1:11:20	1:11:27
183	165	Andrew Heather	Male 55-59	Hayle Runners	1:11:27	1:11:49
184	43	Alan Brandwood	Male 70-74	Falmouth Running Club	1:11:44	1:12:08
185	44	Michael Bray	Male 40-44		1:12:11	1:12:18
186	430	Paul Wright	Male 75-79	Bodmin Road Runners	1:11:47	1:12:21
187	325	Paul Searle	Male 55-59	Plymouth Coasters	1:12:18	1:12:25
188	32	Andrew Bishop	Male 35-39	RunFitRunFast	1:13:00	1:13:21
189	281	Dave Pickard	Male 60-64	Launceston Road Runners	1:13:33	1:14:01
190	386	Dan Varcoe	Male 35-39	(no club)	1:13:52	1:14:17
191	305	Gareth Roberts	Male 40-44		1:14:57	1:15:24

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Gender Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
192	138	Ray Goodright	Male 75-79	East Cornwall Harriers	1:14:58	1:15:31
193	387	Martin Venning	Male 70-74	Launceston Road Runners	1:15:09	1:15:41
194	336	Martin Sims	Male 70-74		1:17:45	1:18:01
195	115	Tony Farrant	Male 55-59	Callington Running Group	1:18:43	1:19:06
196	374	Stewart Townend	Male 80+	Hayle Runners	1:19:46	1:20:01
197	295	Christopher Ramsey	Male 70-74	Truro Running Club	1:20:00	1:20:06
198	84	Jon Cryer	Male 65-69		1:19:54	1:20:15
199	35	Robert Bolitho	Male 60-64	Hayle Runners	1:19:55	1:20:20
200	9	Steve Badge	Male 55-59		1:20:19	1:20:51
201	402	Simon Warner	Male 50-54		1:20:25	1:20:57
202	53	Dennis Burrell	Male 75-79	Carn Runners	1:24:06	1:24:16
203	14	John Barnes	Male 60-64	Launceston Road Runners	1:23:54	1:24:26
204	118	Darren Fisher	Male 50-54	Tavistock AC	1:24:46	1:25:07
205	412	Duncan White	Male 45-49		1:25:48	1:26:07
206	172	Charlie Hill	Male 40-44		1:28:02	1:28:22
207	6	John Ashton	Male 60-64	Ellesmere Port Running Club	1:30:37	1:30:45
208	218	Steve Lawrence	Male 65-69	Falmouth Running Club	1:35:49	1:36:20
209	132	David Garrard	Male 75-79	Falmouth Running Club	1:42:29	1:43:00

Number of records: 368