

## Treggy 7 - 2024

### Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
<b>Treggy 7 - 2024</b>						
1	276	Tom Morton	Male Under 35	Newquay & Par AC	0:37:15	0:37:14
2	319	Steve Reynolds	Male 35-39	Truro Running Club	0:38:20	0:38:19
3	86	Jim Cole	Male 40-44	Tavistock Run Project	0:39:43	0:39:42
4	104	James Cutlan	Male 35-39	Cornwall AC	0:39:55	0:39:54
5	154	Kenny Gibson	Male Under 35	Cornwall AC	0:40:23	0:40:23
6	274	Jordan Morant	Male Under 35	Hayle Runners	0:40:27	0:40:26
7	127	Jamie Edwards	Male Under 35	Newquay Road Runners	0:40:34	0:40:33
8	93	Daniel Costello	Male Under 35	Hayle Runners	0:40:48	0:40:46
9	97	David Crawford	Male 35-39	Newquay & Par AC	0:41:43	0:41:43
10	365	Dylan Stevens	Male Under 35	Newquay & Par AC	0:42:02	0:41:59
11	258	Jamie Masters	Male 35-39	St Austell Running Club	0:42:26	0:42:24
12	232	Katie Knowles	Female Under 35	Truro Running Club	0:42:39	0:42:38
13	28	Tamara Beach	Female Under 35	Cornwall AC	0:42:46	0:42:44
14	248	Alex Marples	Male 45-49	Truro Running Club	0:42:57	0:42:55
15	225	Ben Kent	Male Under 35	Cornwall AC	0:43:25	0:43:25
16	420	Dean Wickett	Male Under 35	(no club)	0:43:29	0:43:28
17	314	Clive Ramsden	Male 45-49	Newquay Road Runners	0:43:33	0:43:32
18	96	Morgan Craig	Male 45-49	Bude Rats (Run and Tri)	0:43:35	0:43:32
19	280	Liam O'Neill	Male 35-39	Hayle Runners	0:43:39	0:43:36
20	391	Christopher Turner	Male Under 35	Okehampton RC	0:43:41	0:43:40
21	269	Lloyd Milbourn	Male Under 35	-Individual -	0:43:52	0:43:51
22	2	Carl Aldridge	Male Under 35		0:44:10	0:44:10
23	339	Stan Sargent	Male 50-54		0:44:28	0:44:27
24	329	Mark Roby	Male 45-49	Truro Running Club	0:44:35	0:44:33
25	294	Emma Paull	Female 35-39	Hayle Runners	0:44:36	0:44:34
26	307	Martin Potter	Male 55-59	London Heathside	0:44:37	0:44:34
27	70	Neil Carter	Male 40-44	Newquay Road Runners	0:44:45	0:44:44
28	356	Wes Smith	Male Under 35	Tavistock Run Project	0:45:07	0:45:06
29	146	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:45:10	0:45:08
30	223	Nikki Kelly	Female Under 35	Tavistock AC	0:45:34	0:45:33
31	107	Alex Daniels	Male 50-54	Newquay Road Runners	0:46:03	0:46:01
32	290	Bradley Parsons	Male Under 35	St Austell Running Club	0:46:03	0:46:01
33	113	Mark Deacon	Male 35-39	Looe Pioneers Running Club	0:46:14	0:46:12
34	177	Neil Hayhurst	Male 40-44	Hayle Runners	0:46:38	0:46:36
35	194	Edward Horn	Male 35-39	Tavistock AC	0:46:49	0:46:49
36	382	Joseph Thomson	Male 35-39	Launceston Road Runners	0:46:59	0:46:53
37	415	Charlie Wevill	Male Under 35	Matt Luxton Health & Fitness	0:47:05	0:47:04
38	296	Ben Pearce	Male 35-39	Truro Running Club	0:47:09	0:47:05
39	430	Mark Williams	Male 55-59	Hayle Runners	0:47:14	0:47:11
40	393	Dominic Turton	Male Under 35	Hayle Runners	0:47:14	0:47:11
41	72	Daniel Case	Male 35-39	Tamar Trotters	0:47:17	0:47:14
42	233	Craig Knuckey	Male 55-59	Cornwall AC	0:47:39	0:47:38
43	101	Ian Curnow	Male 50-54	Hayle Runners	0:47:43	0:47:39
44	130	Mike Ellis	Male 45-49	Newquay & Par AC	0:47:50	0:47:48

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Place	Bib	Name	AG	Club	GunTime	ChipTime
45	149	Jodie Gauld	Female Under 35	St Austell Running Club	0:48:15	0:48:13
46	247	Ryan Marks	Male Under 35	St Austell Running Club	0:48:25	0:48:22
47	240	Katie Littlejohns Riches	Female Under 35	Okehampton RC	0:48:33	0:48:30
48	126	Elliott Edwards	Male Under 35		0:48:45	0:48:41
49	120	Damian Dunne	Male 50-54	Plymouth Musketeers Running Club	0:48:52	0:48:45
50	162	David Guffick	Male 40-44	Hayle Runners	0:49:16	0:49:12
51	335	Matt Row	Male 35-39	St Austell Running Club	0:49:20	0:49:14
52	300	Neil Penny-Harding	Male 40-44	Cornwall AC	0:49:25	0:49:21
53	261	Charlene Matthews	Female 35-39	Storm Plymouth	0:49:25	0:49:14
54	306	Adam Porter	Male Under 35		0:49:29	0:49:26
55	221	Jonathan Kappes	Male 50-54	Launceston Road Runners	0:49:42	0:49:38
56	245	James Manning	Male 45-49	Hayle Runners	0:49:45	0:49:43
57	164	Craig Hall	Male 50-54	Cornwall AC	0:49:46	0:49:35
58	364	Emma Stepto	Female 50-54	Cornwall AC	0:49:51	0:49:48
59	361	Sid Standlick	Male 40-44	Tamar Trotters	0:49:54	0:49:51
60	263	Louis Matthews	Male 40-44	Launceston Road Runners	0:49:56	0:49:52
61	228	David Kilgore	Male 45-49	Storm Plymouth	0:50:00	0:49:49
62	129	Jon Eldon	Male 60-64	Hayle Runners	0:50:03	0:50:00
63	103	Marc Curtis	Male 55-59	Tavistock AC	0:50:14	0:50:12
64	397	Craig Varcoe	Male 35-39	St Austell Running Club	0:50:36	0:50:31
65	366	Paul Stevens	Male 45-49	St Austell Athletes Running Club	0:50:40	0:50:31
66	257	Philip Martyn-Uglow	Male 40-44		0:50:58	0:50:58
67	372	Mark Sweeney	Male 60-64	St Austell Running Club	0:51:05	0:51:00
68	3	Matt Allan	Male 45-49	Camelford Up and Running	0:51:11	0:51:08
69	211	Jenny Jeeves	Female 55-59	Tavistock AC	0:51:14	0:51:11
70	347	Andrew Searle	Male 40-44	Hayle Runners	0:51:28	0:51:25
71	426	Ashley Williams	Male Under 35	Hayle Runners	0:51:36	0:51:34
72	174	Rose Harvie	Female Under 35	Newquay Road Runners	0:51:45	0:51:39
73	321	Stuart Richards	Male 50-54	St Austell Running Club	0:51:54	0:51:52
74	14	Gail Aspden	Female 55-59	Cornwall AC	0:51:57	0:51:55
75	145	Jack Gale	Male Under 35		0:52:00	0:51:56
76	235	Ruby Lawrence	Female Under 35	RunFitRunFast	0:52:06	0:52:05
77	297	Mark Peck	Male 35-39		0:52:29	0:52:22
78	250	Henry Marriner	Male 35-39	St Austell Running Club	0:52:37	0:52:31
79	57	Peter Brodey	Male Under 35	St Austell Running Club	0:52:37	0:52:30
80	387	Paul Trifanov	Male Under 35	Newquay Road Runners	0:52:37	0:52:35
81	196	Pavol Hornak	Male 40-44		0:52:43	0:52:39
82	102	Charles Curtis	Male Under 35	Cornwall AC	0:52:47	0:52:43
83	26	Colin Bathe	Male 55-59	Truro Running Club	0:53:00	0:52:55
84	394	Tim Twiggs	Male 55-59	Hayle Runners	0:53:02	0:52:55
85	121	Jennifer Dunstan	Female 35-39	Cornwall AC	0:53:19	0:53:16
86	202	Frazer Humbles	Male 40-44	Hayle Runners	0:53:20	0:53:15
87	378	Mark Thomas	Male 45-49	Storm Plymouth	0:53:37	0:53:25
88	355	Richard Smith	Male 50-54	Newquay Road Runners	0:53:43	0:53:37
89	281	Stephen Oke	Male 40-44		0:53:43	0:53:39

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Place	Bib	Name	AG	Club	GunTime	ChipTime
90	178	Eve Hearle	Female 40-44	Newquay Road Runners	0:53:57	0:53:51
91	22	Marty Barnfield	Male 50-54	Bodmin Running Club	0:54:02	0:53:56
92	181	Amanda Hewitt	Female 50-54	Cornwall AC	0:54:04	0:54:01
93	404	Iain Walker	Male 65-69	St Austell Running Club	0:54:06	0:54:00
94	147	Fiona Gamble	Female 35-39	Hayle Runners	0:54:13	0:54:05
95	337	John Sanders	Male 40-44		0:54:20	0:54:13
96	363	James Stephens	Male 35-39	St Austell Running Club	0:54:22	0:54:16
97	381	Eddie Thomson	Male 35-39	Launceston Road Runners	0:54:25	0:54:18
98	412	Mandy Watts	Female 55-59	Newquay Road Runners	0:54:48	0:54:44
99	287	David Parish	Male Under 35	RunFitRunFast	0:55:02	0:54:33
100	198	Charlene Howard	Female 35-39		0:55:10	0:55:04
101	341	Ian Savigar	Male 60-64	East Cornwall Harriers	0:55:22	0:55:17
102	169	Emma Hancock	Female Under 35		0:55:26	0:55:23
103	142	Emma Fox	Female 45-49	Newquay Road Runners	0:55:27	0:55:22
104	110	James Davison	Male Under 35	Bodmin Running Club	0:55:28	0:55:07
105	395	Craig Underhill	Male 55-59	Hayle Runners	0:55:33	0:55:26
106	396	Darren Uren	Male 40-44	Hayle Runners	0:55:36	0:55:34
107	256	Paul Martin	Male 40-44		0:55:41	0:55:30
108	401	Jason Vinnicombe	Male 45-49	Cornwall AC	0:55:42	0:55:31
109	407	Carole Walters	Female 60-64	Tavistock AC	0:55:44	0:55:40
110	434	Declan Woodgate	Male Under 35		0:55:46	0:55:34
111	140	Victoria Foster	Female 45-49	Launceston Leisure Centre	0:55:46	0:55:41
112	94	Michael Counter	Male 60-64	St Austell Running Club	0:55:47	0:55:40
113	301	Nicholas Peters	Male Under 35	Hayle Runners	0:55:52	0:55:31
114	328	Malcolm Roberts	Male 70-74	St Austell Running Club	0:55:53	0:55:47
115	74	Brandon Charnock	Male Under 35		0:56:06	0:56:03
116	158	Anna Goodman	Female Under 35	Hayle Runners	0:56:08	0:55:59
117	383	Julie Towers	Female 60-64	Hayle Runners	0:56:11	0:56:02
118	66	Ross Buscombe	Male 35-39	St Austell Running Club	0:56:29	0:56:24
119	377	Derek Thomas	Male 50-54	St Austell Running Club	0:56:30	0:56:23
120	40	Ieuan Bluett	Male Under 35	(no club)	0:56:33	0:56:28
121	150	Corinne Gerrard	Female 50-54	Hayle Runners	0:56:33	0:56:24
122	265	David Mccarthy	Male 35-39	Storm Plymouth	0:56:35	0:56:18
123	358	David Speake	Male 50-54	St Austell Running Club	0:56:53	0:56:46
124	279	Mark Newson	Male 55-59	Honiton RC	0:57:01	0:56:51
125	139	Richard Foster	Male 50-54	Launceston Road Runners	0:57:10	0:57:04
126	192	Rory Honeychurch	Male Under 35		0:57:13	0:57:08
127	47	Abby Bounsall	Female Under 35		0:57:13	0:57:09
128	123	Kyle Eaton	Male Under 35		0:57:17	0:57:11
129	374	Peter Tassart	Male 55-59		0:57:27	0:57:22
130	44	Nick Boorman	Male 35-39		0:57:33	0:57:19
131	201	Michael Hughes	Male 60-64	Storm Plymouth	0:57:44	0:57:28
132	312	Stuart Queen	Male 50-54	Plymouth Musketeers Running Club	0:57:54	0:57:47
133	30	Andy Bees	Male 40-44	Plymouth Musketeers Running Club	0:57:58	0:57:28
134	166	John Hallen	Male 55-59	Torrington AAC	0:58:07	0:57:48

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### Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
135	33	Mark Bennetts	Male 45-49	St Austell Athletes Running Club	0:58:09	0:58:02
136	172	Katie Harvie	Female Under 35	Torbay AAC	0:58:11	0:57:59
137	48	Karina Bowers	Female 40-44	St Austell Running Club	0:58:12	0:58:06
138	271	Jenny Mills	Female 75-79	Launceston Road Runners	0:58:23	0:58:19
139	32	Gregory Bennett	Male 40-44	Launceston Road Runners	0:58:27	0:58:21
140	63	Anthony Burrows	Male 60-64	Hayle Runners	0:58:27	0:58:18
141	403	Simon Wakeham	Male Under 35		0:58:36	0:58:01
142	359	Christopher Spencer	Male 60-64		0:58:38	0:58:25
143	182	Christopher Heywood	Male 60-64	(no club)	0:58:46	0:58:25
144	52	Daniel Bredbere	Male Under 35		0:58:49	0:58:42
145	416	Paul Whear	Male 55-59	Cornwall AC	0:58:52	0:58:50
146	69	Fay Cameron	Female 35-39	Newquay Road Runners	0:58:59	0:58:53
147	392	Josh Turner	Male 35-39	East Cornwall Harriers	0:59:01	0:58:54
148	318	Zoe Renowden	Female 40-44	Hayle Runners	0:59:02	0:58:52
149	433	Claire Winfield	Female 55-59	Launceston Road Runners	0:59:05	0:58:58
150	187	Keith Hoadley	Male 60-64	Torrington AAC	0:59:06	0:58:47
151	159	Amy Gregory	Female 35-39	Newquay Road Runners	0:59:11	0:59:06
152	425	Sarah Wilkinson	Female 60-64	Newquay Road Runners	0:59:21	0:59:16
153	24	James Barriball	Male Under 35		0:59:28	0:59:18
154	308	Damen Powell	Male 35-39	St Austell Running Club	0:59:30	0:59:22
155	15	Simon Ayres	Male 45-49		0:59:33	0:59:22
156	208	Martin Hynes	Male 70-74	Launceston Road Runners	0:59:43	0:59:38
157	100	Nathan Cudmore	Male 45-49	Hayle Runners	0:59:48	0:59:40
158	242	Mark Lobb	Male 55-59	Storm Plymouth	0:59:53	0:59:37
159	210	Simon James	Male 50-54	Cornwall AC	0:59:55	0:59:51
160	409	Jackie Wastell	Female 60-64	London Heathside	1:00:01	0:59:51
161	119	Natalie Dunn	Female 40-44	Truro Running Club	1:00:06	1:00:01
162	336	Wayne Rundle	Male 50-54	Launceston Road Runners	1:00:06	0:59:55
163	124	Sam Eaton	Male Under 35	Launceston Road Runners	1:00:10	0:59:56
164	58	Catherine Brown	Female 50-54	Storm Plymouth	1:00:14	0:59:58
165	322	Mark Richardson	Male 50-54	Bradworthy Runners	1:00:28	1:00:20
166	143	David Foy	Male 50-54	Falmouth Running Club	1:00:35	1:00:26
167	34	Kelly Bills	Female 45-49	Hayle Runners	1:00:39	1:00:17
168	214	Steven Jenkin	Male 50-54	Cornwall AC	1:00:40	1:00:36
169	122	Richard Eales	Male 40-44		1:00:44	1:00:21
170	207	Stephen Hutchinson	Male 70-74	Bude Rats (Run and Tri)	1:00:45	1:00:37
171	109	James Dart	Male 35-39		1:00:57	1:00:38
172	117	Martin Dinham	Male 50-54	Mile High	1:01:10	1:00:56
173	54	Sallie Brennan	Female 45-49	Tamar Trotters	1:01:18	1:01:08
174	275	Richard Morton	Male 70-74	Tamar Trotters	1:01:40	1:01:32
175	105	Clare Dale	Female 40-44	St Austell Running Club	1:01:40	1:01:23
176	195	Andrej Hornak	Male 35-39		1:01:44	1:01:40
177	340	Nicholas Saunders	Male 40-44		1:01:44	1:01:27
178	89	Richard Collett	Male 40-44	Hayle Runners	1:01:45	1:01:17
179	435	Jason Yates	Male 45-49	Launceston Leisure Centre	1:01:58	1:01:29

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Place	Bib	Name	AG	Club	GunTime	ChipTime
180	168	Lewis Halliday	Male Under 35		1:01:59	1:01:53
181	138	Richard Felton	Male Under 35		1:02:04	1:01:29
182	189	Sarah Holland	Female 45-49	Tavistock AC	1:02:10	1:02:03
183	362	Jane Stedman	Female 60-64	Bodmin Running Club	1:02:16	1:02:03
184	141	Katie Fowler	Female 35-39	Launceston Road Runners	1:02:18	1:02:13
185	230	Becky Kingdon	Female 40-44		1:02:19	1:01:56
186	272	Jon Mitchell	Male 50-54	Cornwall AC	1:02:24	1:02:19
187	152	Clive Gibbs	Male 60-64	St Austell Running Club	1:02:26	1:02:15
188	175	Ben Hawke	Male Under 35	(no club)	1:02:31	1:02:01
189	128	Nicola Edwards	Female 45-49	Newquay Road Runners	1:02:41	1:02:36
190	330	Ben Rogers	Male 40-44	Bude Rats (Run and Tri)	1:02:41	1:02:32
191	311	Ivor Pudner	Male 55-59	Looe Pioneers Running Club	1:02:43	1:02:17
192	77	Kevin Chiswell	Male 60-64	Storm Plymouth	1:02:48	1:02:32
193	304	Matt Pickard	Male 35-39	Launceston Road Runners	1:02:53	1:02:33
194	217	Pete Jennings	Male 60-64	(no club)	1:02:56	1:02:40
195	185	Nick Hill	Male 40-44		1:03:00	1:02:47
196	421	Demelza Widdershoven	Female 40-44	Carn Runners	1:03:04	1:03:00
197	188	Jon Hoare	Male 55-59	East Cornwall Harriers	1:03:10	1:03:02
198	354	Hannah Smith	Female Under 35	Hayle Runners	1:03:22	1:03:07
199	209	Darren Jackson	Male 55-59		1:03:30	1:03:23
200	253	Linda Marshall	Female 45-49	(no club)	1:04:04	1:03:41
201	313	Peter Rabson	Male 40-44	Camelford Up and Running	1:04:04	1:03:34
202	9	Deane Andrew	Male Under 35		1:04:06	1:03:48
203	204	Harriet Hunter	Female Under 35		1:04:08	1:03:47
204	389	Michelle Tucker	Female 50-54	(no club)	1:04:09	1:03:39
205	203	Arthur Hunter	Male 50-54		1:04:13	1:03:52
206	18	Matthew Bain	Male 50-54		1:04:22	1:03:49
207	23	Ann Barriball	Female 50-54	Launceston Road Runners	1:04:35	1:04:15
208	310	Rachel Price	Female 35-39		1:04:44	1:04:20
209	344	Charlotte Scoble	Female Under 35		1:04:57	1:04:33
210	91	Debora Cornish	Female 55-59	Storm Plymouth	1:05:22	1:05:04
211	155	Steven Gibson	Male 55-59		1:05:32	1:05:23
212	173	Mark Harvie	Male 55-59		1:05:33	1:05:21
213	243	Amelia Lovell	Female Under 35		1:05:33	1:05:23
214	299	Chunky Penhaul	Male 75-79	Hayle Runners	1:05:35	1:05:25
215	90	Alexander Cooper	Male 45-49		1:05:36	1:05:20
216	417	Lisa Whell	Female 40-44		1:05:41	1:05:21
217	237	Trevor Lee	Male 60-64	Truro Running Club	1:05:43	1:05:35
218	370	Joanne Strawbridge	Female 45-49	East Cornwall Harriers	1:05:51	1:05:32
219	200	Anita Hudson	Female 50-54	St Austell Running Club	1:06:01	1:05:51
220	16	Christopher Baggott	Male 50-54	St Austell Running Club	1:06:01	1:05:51
221	8	Sarah Allen	Female 50-54	Hayle Runners	1:06:04	1:05:50
222	190	Sandra Holmes	Female 60-64	Newquay Road Runners	1:06:12	1:06:07
223	215	Stephen Jenkins	Male 55-59	Launceston Road Runners	1:06:20	1:05:47
224	108	James Danks	Male 40-44	Falmouth Running Club	1:06:26	1:06:02

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### Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
225	11	Graham Ashton	Male Under 35	Launceston Road Runners	1:06:39	1:06:31
226	6	Peter Allen	Male 65-69	Newquay Road Runners	1:06:41	1:06:30
227	436	Richard Yates	Male 55-59	Launceston Leisure Centre	1:06:44	1:06:10
228	264	Declan Mccaffery	Male Under 35		1:06:45	1:06:28
229	186	Daniel Hirst	Male Under 35		1:06:52	1:06:26
230	244	Susan Lynch	Female 65-69	Torrington AAC	1:06:54	1:06:33
231	151	Roland Gibbard	Male 70-74	Charnwood AC	1:07:03	1:06:51
232	227	Matt Kibler	Male Under 35		1:07:18	1:06:56
233	87	Andy Coles	Male 65-69	St Austell Running Club	1:07:33	1:07:23
234	13	Halle Ashworth	Female Under 35	Launceston Road Runners	1:07:36	1:07:36
235	283	Michael Orchard	Male 65-69	Hayle Runners	1:07:38	1:07:16
236	418	Paul Whitmore	Male 40-44	Storm Plymouth	1:07:40	1:07:22
237	83	Kelvin Coker	Male Under 35	Storm Plymouth	1:07:40	1:07:23
238	333	Peter Roissetter	Male 55-59	(no club)	1:07:47	1:07:30
239	43	Nina Bond	Female 40-44	Looe Pioneers Running Club	1:07:58	1:07:32
240	131	Nicola Emmett	Female 45-49	Bude Rats (Run and Tri)	1:08:05	1:07:56
241	252	Debbie Marshall	Female 50-54	St Austell Running Club	1:08:16	1:08:07
242	76	Louisa Chisholm	Female 40-44	Looe Pioneers Running Club	1:08:17	1:07:52
243	357	Philip Spargo	Male 65-69	Truro Running Club	1:08:20	1:08:12
244	35	Edward Bish	Male 40-44	Camelford Up and Running	1:08:24	1:08:10
245	345	Clare Scotton	Female 40-44	Tamar Trails Runners	1:08:33	1:08:11
246	419	Caroline Whitton	Female 40-44	Callington Running Group	1:08:36	1:08:23
247	298	Sue Pendleton	Female 40-44	Callington Running Group	1:08:40	1:08:27
248	59	Charlie Brown	Male 50-54		1:08:56	1:08:19
249	292	Carla Pas	Female Under 35		1:08:58	1:08:34
250	39	Darren Blenkinsop	Male 50-54	Tamar Trotters	1:09:05	1:08:57
251	7	Ryan Allen	Male Under 35		1:09:09	1:08:53
252	390	Chloe Turner	Female Under 35	East Cornwall Harriers	1:09:15	1:08:56
253	259	Daniel Matthams	Male Under 35		1:09:18	1:09:06
254	260	David Matthams	Male 60-64	Instinctive Sports Plymouth	1:09:19	1:09:07
255	268	Steve Menear	Male 65-69	St Austell Running Club	1:09:29	1:09:18
256	71	Val Carter	Female 55-59		1:09:31	1:09:27
257	428	Jo Williams	Female 35-39		1:09:31	1:09:04
258	405	Karen Walker	Female 50-54	Storm Plymouth	1:09:32	1:09:05
259	278	Abby Munday	Female Under 35	Launceston Road Runners	1:09:34	1:09:14
260	116	Gavin Dillon	Male 40-44		1:09:45	1:09:26
261	286	Geoff Panter	Male 45-49		1:09:50	1:09:30
262	360	Harry Stallard	Male Under 35	St Austell Running Club	1:10:01	1:09:51
263	424	Derren Wilkie	Male 50-54	Storm Plymouth	1:10:28	1:10:02
264	350	Amber Simler	Female Under 35	Truro Running Club	1:10:32	1:10:14
265	114	Emma Deanes	Female 35-39	Camelford Up and Running	1:10:41	1:10:25
266	266	Tracy Mckenzie	Female 45-49	Newquay Road Runners	1:10:47	1:10:41
267	205	Danielle Hurt	Female Under 35		1:10:53	1:10:30
268	406	Cat Wallman	Female 50-54	Truro Running Club	1:10:56	1:10:32
269	161	Naomi Grint	Female 40-44	Looe Pioneers Running Club	1:11:14	1:10:48

## Treggy 7 - 2024

### Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
270	386	Rosie Trevains	Female 35-39	Bys Vyken Race Team	1:11:34	1:11:10
271	352	Stella Sims	Female 40-44		1:11:40	1:11:04
272	376	Jo Teather	Female 45-49	Launceston Leisure Centre	1:11:45	1:11:11
273	78	Stephen Chiverton	Male 65-69		1:11:54	1:11:37
274	241	Dean Llewellyn	Male 50-54	Looe Pioneers Running Club	1:11:55	1:11:29
275	67	Geraldine Butchers	Female 45-49		1:12:01	1:11:34
276	148	Tracey Garland	Female 55-59	Storm Plymouth	1:12:01	1:11:34
277	193	Sarah Hope	Female 45-49	Camelford Up and Running	1:12:12	1:11:57
278	338	Peter Sargent	Male 75-79	South West Vets A.C.	1:12:17	1:12:04
279	79	Margaret Clark	Female 60-64	Hayle Runners	1:12:18	1:12:03
280	246	Courtney Marks	Female Under 35	St Austell Running Club	1:12:22	1:12:12
281	80	Theresa Clark	Female 55-59	Hayle Runners	1:12:29	1:12:15
282	31	Kirsty Benford	Female 50-54		1:12:34	1:12:04
283	254	Colin Martin	Male 70-74	Newquay Road Runners	1:12:50	1:12:30
284	234	Janet Lathom	Female 65-69	Launceston Road Runners	1:12:51	1:12:35
285	213	Richard Jenkin	Male 80+	Cornwall AC	1:13:18	1:13:10
286	284	Frances Osborne	Female 40-44	Fordy Runs Running Club	1:13:24	1:13:10
287	295	Holly Payne	Female 40-44		1:13:24	1:13:10
288	92	Trevor Cornish	Male 55-59	Hayle Runners	1:13:30	1:13:02
289	332	Emily Roissetter	Female Under 35	Tavistock AC	1:13:30	1:13:13
290	327	Gareth Roberts	Male 45-49	Launceston Leisure Centre	1:13:41	1:13:08
291	437	Rachel Yelland	Female 40-44	East Cornwall Harriers	1:13:42	1:13:23
292	251	Mallory Marriner	Female Under 35	St Austell Running Club	1:13:43	1:13:26
293	51	Alan Brandwood	Male 70-74	Falmouth Running Club	1:13:44	1:13:19
294	82	Simon Cockle	Male 50-54		1:13:47	1:13:15
295	303	Dave Pickard	Male 65-69	Launceston Road Runners	1:13:53	1:13:31
296	29	John Beard	Male 45-49	Newquay Road Runners	1:13:53	1:13:47
297	368	Claire Stone	Female 40-44	Hayle Runners	1:13:56	1:13:47
298	61	Tony Burnett	Male 35-39		1:14:06	1:13:31
299	414	Jackie Wells	Female 65-69	Camelford Up and Running	1:14:16	1:14:00
300	60	Anthony Bryant	Male 45-49	Hayle Runners	1:14:30	1:14:01
301	218	Sally Johnston	Female 60-64	Tamar Trotters	1:14:32	1:14:08
302	134	Julia Evans	Female 50-54	East Cornwall Harriers	1:14:48	1:14:25
303	282	Gillian Onley	Female 55-59	Cornwall AC	1:14:54	1:14:49
304	388	Kayley Tucker	Female 35-39	Launceston Road Runners	1:14:55	1:14:23
305	179	Andrew Heather	Male 55-59	Hayle Runners	1:15:06	1:14:38
306	165	Kate Hall	Female 40-44		1:15:07	1:14:36
307	133	Des Evans	Male 75-79	Newquay Road Runners	1:15:19	1:15:13
308	136	Samantha Ewart	Female 50-54	St Austell Running Club	1:15:34	1:15:22
309	64	Matthew Burt	Male 45-49	Hatch Warren Runners	1:15:47	1:15:11
310	351	Martin Sims	Male 70-74		1:15:48	1:15:12
311	255	Jacqui Martin	Female 50-54	St Austell Running Club	1:16:09	1:15:57
312	1	Gary Albon	Male 60-64		1:16:09	1:15:48
313	323	Sarah Richardson	Female 45-49	Bradworthy Runners	1:16:12	1:16:02
314	206	Holly Hutchins	Female 35-39	Camelford Up and Running	1:16:21	1:16:04

## Treggy 7 - 2024

### Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
315	398	Martin Venning	Male 70-74	Launceston Road Runners	1:16:26	1:16:06
316	400	Paula Vieira	Female 45-49	St Austell Running Club	1:16:32	1:16:21
317	399	Armando Vieira	Male 45-49	St Austell Running Club	1:16:32	1:16:21
318	56	Michael Brereton	Male 40-44	Camelford Up and Running	1:16:34	1:16:16
319	324	Ian Ringer	Male 75-79		1:16:54	1:16:40
320	342	Demelza Sayers	Female 35-39		1:16:57	1:16:35
321	273	Julie Moffat	Female 55-59	Looe Pioneers Running Club	1:17:34	1:17:06
322	316	Jacque Rapier	Female 65-69	Falmouth Running Club	1:17:34	1:17:09
323	375	Chris Teather	Male 60-64	Launceston Leisure Centre	1:17:35	1:17:01
324	73	Helen Cattran	Female 55-59	Hayle Runners	1:17:36	1:17:14
325	112	Alison Day	Female 50-54	St Austell Running Club	1:17:40	1:17:23
326	180	Peter Hesketh	Male 60-64	(no club)	1:17:51	1:17:16
327	163	Natasha Gutridge	Female 50-54	Newquay Road Runners	1:18:13	1:17:57
328	408	Victoria Walton	Female 45-49	Newquay Road Runners	1:18:13	1:17:57
329	384	Stewart Townend	Male 80+	Hayle Runners	1:18:23	1:18:00
330	98	Kate Crowells-Hodge	Female Under 35		1:18:30	1:17:53
331	317	Pawel Religa	Male 50-54		1:18:44	1:18:30
332	270	Bryan Mills	Male 55-59		1:18:46	1:18:16
333	144	Sean Furlonger	Male 55-59		1:18:56	1:18:18
334	371	Wendy Stuart	Female 50-54	St Austell Running Club	1:18:59	1:18:44
335	171	Adele Hartley	Female Under 35		1:19:02	1:18:25
336	153	Debra Gibbs	Female 55-59	St Austell Running Club	1:19:07	1:18:52
337	99	Jon Cryer	Male 70-74		1:19:23	1:19:05
338	369	Jackie Stone	Female 60-64	Hayle Runners	1:19:25	1:19:01
339	222	Laura Keith	Female Under 35	Plymouth Harriers	1:20:00	1:19:22
340	229	Margaret Ann Kinahan	Female 70-74	East Cornwall Harriers	1:20:03	1:19:40
341	216	Jade Jennings	Female Under 35	(no club)	1:20:04	1:19:48
342	315	Christopher Ramsey	Male 70-74	Truro Running Club	1:20:16	1:20:07
343	20	John Barnes	Male 60-64	Launceston Road Runners	1:20:25	1:20:06
344	267	David McKillop	Male 55-59		1:20:33	1:20:12
345	176	Lorraine Hawkins	Female 55-59	Launceston Road Runners	1:20:53	1:20:33
346	191	Rachel Holt	Female 55-59	Looe Pioneers Running Club	1:21:25	1:20:57
347	17	Joanne Bailey	Female 50-54	Launceston Road Runners	1:21:25	1:21:05
348	367	Christine Stone	Female 50-54		1:21:31	1:21:05
349	115	Nicole Di Maio	Female 40-44	Cornwall AC	1:21:33	1:21:28
350	10	Karla Aram	Female 40-44	East Cornwall Harriers	1:22:02	1:21:39
351	238	Emma Lewis	Female 45-49	East Cornwall Harriers	1:22:12	1:21:50
352	212	Jacqueline Jenkin	Female 75-79	Cornwall AC	1:22:14	1:22:02
353	125	Simon Eaton	Male 55-59		1:22:24	1:22:02
354	348	Jane Shaddick-Brady	Female 60-64		1:22:45	1:22:16
355	19	Claire Baird	Female 50-54	Camelford Up and Running	1:22:52	1:22:37
356	170	Michaela Harrison	Female 45-49	(no club)	1:23:06	1:22:42
357	160	Emma Grigg	Female 45-49	Camelford Up and Running	1:23:17	1:23:01
358	262	Lindsay Matthews	Female 35-39		1:23:47	1:23:15
359	431	Katie-Sarah Willing	Female 35-39		1:24:02	1:23:47



## Treggy 7 - 2024

### Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
360	288	Jo Parish	Female 35-39		1:24:08	1:23:37
361	373	Lesley Taphouse	Female 60-64	Bodmin Running Club	1:24:16	1:23:50
362	293	Carrie Patrick	Female 45-49	Carn Runners	1:24:24	1:23:55
363	236	Jennifer Lawson	Female 55-59	Newquay Road Runners	1:24:55	1:24:34
364	427	Ian Williams	Male 50-54		1:25:35	1:25:09
365	157	Linda Godfrey	Female 65-69	Bodmin Women's Running Club	1:26:22	1:25:54
366	410	Kenzie Watson	Female Under 35		1:26:22	1:26:07
367	42	Robert Bolitho	Male 60-64	Falmouth Running Club	1:26:51	1:26:21
368	62	Dennis Burrell	Male 75-79	Carn Runners	1:27:14	1:26:45
369	167	Eunice Halliday	Female 65-69	Plymouth Musketeers Running Club	1:27:24	1:26:46
370	46	Mark Borman	Male Under 35	St Austell Running Club	1:27:46	1:27:36
371	41	Julie Bolitho	Female 55-59	Falmouth Running Club	1:28:12	1:27:41
372	12	John Ashton	Male 60-64	Ellesmere Port Running Club	1:28:19	1:27:47
373	65	Lorna Burton	Female 50-54		1:28:48	1:28:15
374	289	Lisa Parr	Female 50-54	Plymouth Harriers	1:30:09	1:29:31
375	349	Claire Sibley	Female 35-39	(no club)	1:30:51	1:30:24
376	132	Samantha Ennor	Female 35-39	-Individual -	1:30:52	1:30:25
377	219	Lynn Jones	Female 65-69	Plymouth Musketeers Running Club	1:31:30	1:30:52
378	156	Shaun Gidney	Male 55-59	Launceston Road Runners	1:31:59	1:31:31
379	137	Tony Farrant	Male 55-59	Callington Running Group	1:32:03	1:31:49
380	184	Charlie Hill	Male 40-44		1:32:20	1:32:07
381	4	Annette Allen	Female 50-54	Launceston Leisure Centre	1:34:19	1:33:45
382	50	Zoe Bramhill-Moffatt	Female Under 35	Launceston Leisure Centre	1:34:20	1:33:45
383	5	Jonathan Allen	Male 55-59	Launceston Leisure Centre	1:34:20	1:33:46
384	413	Kathryn Weaver-Gore	Female 60-64	Plymouth Musketeers Running Club	1:35:21	1:34:42
385	81	Anne Cobell	Female 45-49	Hayle Runners	1:36:30	1:36:01
386	385	Sara Treeby	Female 40-44	Looe Pioneers Running Club	1:39:07	1:38:41
387	334	Ruth Rose	Female 50-54		1:39:50	1:39:20
388	106	Paula Dale	Female 50-54		1:44:39	1:44:13
389	438	Jackie Chapman	Female 60-64	Launceston Road Runners	1:44:43	1:44:04
DSQ	75	Craig Charnock	Male Under 35		0:54:00	0:53:57
DNF	325	Janet Ritchie	Female 60-64	Carn Runners		

Number of records: 391